

FROM THE WHIRLWIND

Charlie Castex has been busy. Over the last eight years, this Asheville-based psychic consultant and spiritual teacher has done readings for more than 7,000 clients.

Consistently voted best psychic in Western North Carolina by *Mountain Xpress* readers, Castex also gives periodic lectures (which he calls "An Evening of Spirit") in Asheville and around the county. Additionally, he just finished wrapping up *Soul Purpose with Charlie Castex*, a television pilot. Phew!

"It's really been a whirlwind," he admits. "I'm trying to keep up with the nature of this work, because people are becoming more interested in being in touch with their source and more interested in how they can manage to balance their lives against all that craziness [in the world]."

His personal vision for everything he does, explains Castex, "is being able to guide souls toward their own individual empowerment by awakening them to their unique qualities, talents, strengths and weak points, too. Perhaps, most importantly, I can gently remind every individual that this life is the greatest gift one could ever hope to have. It's a simple teaching but an increasingly necessary one in these perplexing times. All too easily, we lose ourselves in striving ... ending up as human doings."

Castex will present his next "An Evening of Spirit" on Thursday, Aug. 21, 7 p.m. at Essential Arts Bookstore (18 Wall St.) in downtown Asheville. A \$7 donation is requested, and reservations are recommended.

The evening, says Castex, "is geared towards people's soul purpose — and not just in the career sense or in the sense of our function in the world, but having more of a view towards being rather than doing. That's what we're looking at."

To reserve a space at the Essential Arts Bookstore event, call 281-2464.

— Lisa Watters

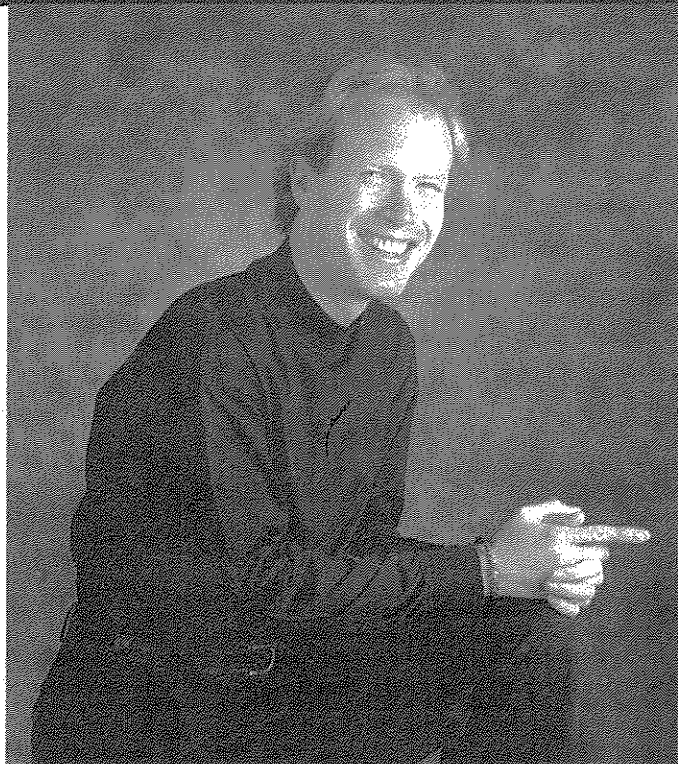


photo by John Werner